

First 30 Days in Vietnam Planner

Week 1 · Settle & connect

- ☐ Secure housing & utilities
- ☐ SIM card & internet set up
- ☐ Basic groceries & household essentials
- ☐ Transportation arranged
- ☐ Explore neighborhood & essentials
- ☐ Register address (temporary / permanent)
- ☐ Find a nearby vet & save contact
- ☐ Start a simple daily routine

Week 1 priorities

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Week 2 · Establish & organize

- ☐ Complete housing setup & small fixes
- ☐ Stock up on groceries & pet supplies
- ☐ Set up mobile payments / banking
- ☐ Confirm transportation routine
- ☐ School enrollment / family admin tasks
- ☐ Pet vet check-up & records
- ☐ Register pet (if required locally)
- ☐ Build daily routine & meal plan

Week 2 priorities



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Week 3 · Routine & community

- ☐ Explore local markets & shops
- ☐ Connect with neighbors / expat groups
- ☐ Transportation adjustments
- ☐ Review pet care & routine
- ☐ School / classes / activities
- ☐ Health & wellness check-in
- ☐ Set up home organization systems
- ☐ Plan weekend outings

Week 3 priorities



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Week 4 · Refine & enjoy

- ☐ Review & refine daily routines
- ☐ Confirm long-term housing plans (if needed)
- ☐ Pet routine optimization
- ☐ School & family rhythm check-in
- ☐ Explore beyond your neighborhood
- ☐ Set monthly budget & goals
- ☐ Plan upcoming month & adventures
- ☐ Celebrate small wins together

Week 4 priorities

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Important addresses & numbers

Local vet

Emergency vet

Closest hospital

Pharmacy

Police

Fire

Embassy / consulate

Landlord / agent

Internet provider

Other



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JOURNEYS
WITH CARE



PET TRAVEL FILE
NOTES & CHECKLISTS

